

# ADVENT

Around the World

## Session 1: Hope

**Watch the video:** Join Emily and Sam from Movement and Eddie, a driver for Send a Cow in Zambia, for this week's episode of [Advent Around the World](#):

The Hope Reading: Luke 2 v2 – 7

At that time Emperor Augustus ordered a census to be taken throughout the Roman Empire. When this first census took place, Quirinius was the governor of Syria. Everyone, then, went to register himself, each to his own hometown. Joseph went from the town of Nazareth in Galilee to the town of Bethlehem in Judea, the birthplace of King David. Joseph went there because he was a descendant of David. He went to register with Mary, who was promised in marriage to him. She was pregnant, and while they were in Bethlehem, the time came for her to have her baby. She gave birth to her first son, wrapped him in cloths and laid him in a manger—there was no room for them to stay in the inn. (Luke 2: 2-7 GNT)

Question: What does hope mean to you?

### Listen

Listen to this spoken word reflection called [‘The Spark’, by Eliza Pelling from Watchet](#).

Question: What gives you hope about the Christmas story?

### Read

Read this quote from Brother Lawrence (a Christian in the 1600s):

“Many things are possible for the person who has hope. Even more is possible for the person who has faith. And still more is possible for the person who knows how to love. But everything is possible for the person who practices all three virtues.” Brother Lawrence

Question: What things does hope make possible?

### Share

Get together with your friends, family, youth group or church and share ways you could bless those around you and bring a message of hope to those who need it this Advent.

Question: How could you share hope with friends and neighbours this Christmas?

If you put some of your creative ideas into action do let us know how you get on [@goteamadvisers](#) and [@sendacow](#) or [@weare\\_movement](#) #AdventAroundTheWorld #Hope

## Act

Check out 'Growing Hope for Refugees' – one of the many life changing virtual gifts available from [Send a Cow this Christmas](#).

Question: How can our actions bring hope to those around the world?

## Reflect & Pray

Reflect on the Bible reading for this week (Luke 2:2-7) and thank God for the hope that this story brings to you, to your community and to the world. If it is safe to do so light a candle as you reflect and pray.

Question: How would you describe the hope that Jesus brings?

## Send a Cow Spotlight: Hope

1. In the video, we heard from Eddie in Zambia. Today, find out how Send a Cow provides hope for families living in rural Africa. Watch our [What We Do](#) video.
2. Do you ride a bike? Can you imagine how having a bike could provide hope for whole communities in rural Africa? [Watch this!](#)
3. For Veronica, hope means future. Send a Cow has been working with Veronica to help her adapt to the climate crisis so that she can feed her family. Find out about how we're tackling the climate crisis in this [video](#).
4. Who is your role model? Maybe you are a role model to someone else. Caroline hopes to be a role model for others. [Read her story](#) and find out why.

"My hope for myself and my family is to live a good life, to be a role model to other families so that people can say 'I want my life to be like Caro'." Caroline, Alupe Village in Kenya