



Focus: Nutrition

Location: Burundi

Project: Gender and nutrition centred agriculture

People supported:
24,000

Cost:
£962,000
(£40 Per Person)

Duration:
3 Years
(July 2018 – June 2021)

Where we're working...



Mwaro Province

Burundi

The issues

Burundi is a small, landlocked country in central East Africa. Some 72% of the population are food insecure, meaning Burundi is one of the hungriest countries in the world.

Mwaro province is densely populated and most people rely on the land for their livelihoods. The region is hilly and the slopes are largely unprotected. This means topsoil is removed during heavy rains and soil fertility is very poor in much of the province.

There is limited knowledge of agricultural techniques, no access to organic manure and little access to other agricultural inputs. As a result, many are struggling to feed their families, and going hungry for 2-6 months per year, with no surplus food to sell.

Gender inequality is extreme in Mwaro; unemployment among men is high and women undertake the majority of tasks within the household and on their plots of land.

Gilbert and Dionésie (pictured) have just over one acre of land which they rely on to feed their four children. With poor soil conditions and limited farming knowledge, they were barely growing enough to eat just once a day. Their only income was from occasional manual labour, for which they were paid just 80p.

How Send a Cow helps

Send a Cow's field staff are working with farmers like Gilbert and Dionésie to address the underlying causes of malnutrition and food insecurity within the community.

Families receive training in sustainable farming techniques that will ensure a year-round supply of vegetables, helping to improve diets. Both men and women within the household receive training with the aim of involving women in decision making, which naturally balances the workload and by working together increases crop surplus. Families can then sell the surplus and develop sustainable livelihood opportunities which will increase their incomes.

"I wish to bring hope and security to my family" - Gilbert

Community Health Volunteers are also training families in nutrition and improved water, sanitation and hygiene practices, particularly children and women.

Before working with Send a Cow

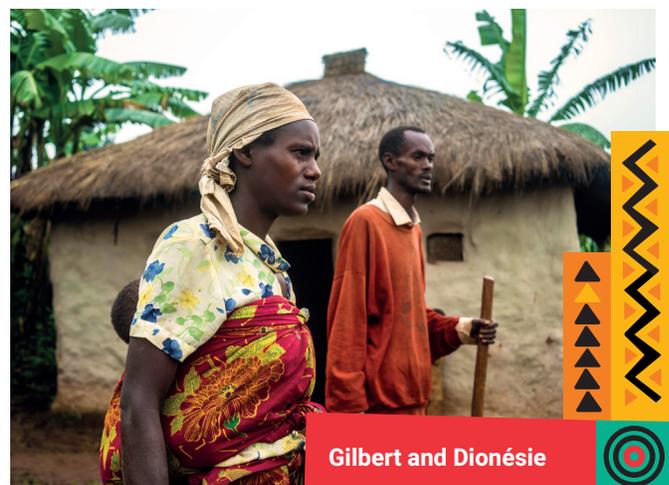
19%

of families eating more than 4 types of food per day

Expected impact of the project

80%

of families eating more than 4 types of food per day



Gilbert and Dionésie

